



MINNETONKA SWIM CLUB

Newsletter



November 9, 2011

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We want to hear from you! If you have news, ideas or pictures for an upcoming newsletter, send us an [e-mail](#).

Action Items

WEAR YOUR TEAM SHIRT DAY. Show your Minnetonka Swim Club pride by wearing your **BLACK** Minnetonka Swim Club shirts to school and practice on **Friday, November 11.**

GIVE MASTERS A TRY. If you believe, as we do, that swimming is a life-long sport, it's time to remember that it's not just for kids! We are offering all of our families a chance for parents (and everyone else over the age of 18) to participate in a one-week FREE introductory workout with our MASTERS group. From November 28 through December 2, join us at 6:15-7:15AM at MME and learn what it's all about! Our current Masters swimmers include many just beginning the sport, so don't be intimidated if you also are just beginning. The week will focus on low yardage, technique, terminology and FUN. This is your chance to explore the Master's world of swimming, bond with your children as you learn what they experience in the water, work off the Thanksgiving turkey and pumpkin pie, and meet a great group of people. [Click here](#) to sign up if you're interested in attending (even for a day or two—this is not a commitment), so that we can get an idea of how many people to expect. And remember...you're never too old to swim!

LINKS

- [Minnetonka Swim Club](#)
- [David Plummer's Blog](#)
- [Minnesota Swimming](#)
- [Minnesota Masters](#)
- [Minnetonka Aquatics](#)
- [SwimNetwork](#)
- [SwimmingWorld](#)
- [USA Swimming](#)

Quote of the Week

"If you're not making mistakes, then you're not doing anything. I'm positive that a doer makes mistakes."

-John Wooden

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General News

RETURNING HIGH SCHOOL GIRLS. If you are a high school girl who is already registered with the Club, you will have dryland practices on Monday and Wednesday from 3:30-4:30 at MME November 7-November 23. These will be dryland-**only** practices; you must bring all of your dryland gear (shorts, t-shirt, water bottle, tennis shoes). If you have any questions please contact [Coach Zach](#).

SWIMMERS OF THE MONTH. We would like to recognize the following athletes as the Swimmer of the Month for each group. Selecting these swimmers is difficult, as many of our swimmers are deserving of recognition. The swimmers below each demonstrated many of the attributes that help to make them a successful athlete with our club.

Look for pictures to be posted soon on the walls at MME. Congratulations everyone!

| Group | Athlete |
|---------------|----------------------------|
| Developmental | Annika Lund |
| Novice 1 | Ellie Muench |
| Novice 2 | Ally Farrell |
| Light Blue | Kiara DeNucci |
| Dark Blue | Joe Ackerson |
| White | Jessa Frankenfield |
| S3 | Jimmy Roslansky |
| Senior | Bastien Ibri |
| National | Dan Bielski & Bryce Boston |

SWIMMERS OF THE MEET. Following each meet that we attend, the coaches will select swimmers who had an outstanding competition. Many factors are involved with this selection including attitude, team mentality, competitive performance, and improvement from previous meets. The following are our *Swimmers of the Meet* for the Wolf A Meet; **congratulations on a great effort!**

**Nicole Burg, Ben Binder, Ellie Schini,
Thomas Pederson, Ryan Current, Annelise Kowalsky**

PICKING UP YOUR CHILD FROM PRACTICE. Parents, please remember that athletes need to be out of the locker rooms and ready for pick-up 10 minutes after practice. Parents of athletes who are not picked up at that time will be notified and reminded of this rule.

MTKA MOBILE APP AVAILABLE. iPhone users can now access all of their club information from their mobile device. [Click here](#) to read more about this feature.

Aquatics Sponsors

We would like to thank the following sponsors of Minnetonka Aquatics, who donate goods and resources for our events.



Rent the Pool!

Have your next event at the Minnetonka Aquatics Center! Contact [Coach Ben](#) to reserve the pool for birthdays, graduation parties and more.



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Billing

BILLING. Invoices for October have been generated. If you have a credit card registered, your balance has been paid. If you choose to pay check, don't forget to send them ASAP. Questions regarding billing should be directed to [Coach Dan](#).

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Practice Schedule Reminders

THURSDAY, NOVEMBER 10. There will be no S3 or Senior practices due to the Girls High School Section 5AA meet. National will hold a morning practice from 6:00-7:30am.

FRIDAY, NOVEMBER 11. There will be no White or S3 practices due to the Girls High School Section meet. National will practice from 3:45-5:45pm.

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Upcoming Meets

IMX STATE MEET. Entries and a timeline will be posted soon.

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If at any time you have questions or concerns, feel free to call our coaching staff at 952-401-5225*.

CONTACT THE COACHES

[Coach Ben](#)

Monday, Wednesday

2:00-3:00 PM

[Coach Dan](#)

Tuesday

1:00-2:00 PM

Thursday

10:00-11:00 AM

[Coach Aimee](#)

Monday, Wednesday

12:30-2:00 PM

[Coach Zach](#)

Thursday

3:00-5:00 PM

**Please note that if we are in a meeting or on the other line, the voicemail prompt will go to a Minnetonka School District voicemail. Once the initial message is over you will have an opportunity to select a voicemail box for our staff*

