



Short Course Season 2010-2011

National Development Group

Day	Practice Time	Location
Monday	6:30-8:30 PM	MME
Tuesday	6:30-8:30 PM	MME
Wednesday	6:30-8:30 PM	MME
Thursday	6:30-8:30 PM	MME
Friday	6:30-8:30 PM	MME
Saturday	9:30-11:30 AM	MME

SENIOR Development Group

Day	Practice Time	Location
Monday	6:30-8:30 PM	MME
Tuesday	6:30-8:30 PM	MMW
Wednesday	6:30-8:30 PM	MME
Thursday	6:30-8:30 PM	MMW
Friday	6:30-8:30 PM	MME
Saturday	11:00 AM-1:00 PM	MMW

S3 Development Group

Day	Practice Time	Location
Monday	5:00-6:30 PM	MME
Tuesday	5:00-6:30 PM	MME
Wednesday	5:00-6:30 PM	MME
Thursday	5:00-6:30 PM	MME
Friday	5:00-6:30 PM	MME
Saturday	No practice	

WHITE Development Group

Day	Practice Time	Location
Monday	6:30-8:30 PM	MMW
Tuesday	6:30-8:30 PM	MME
Wednesday	6:30-8:30 PM	MMW
Thursday	6:30-8:30 PM	MME
Friday	6:30-8:30 PM	MMW
Saturday	9:30-11:30 AM	MME



DARK BLUE Development Group

Day	Practice Time	Location
Monday	5:30-7:00 PM	MMW
Tuesday	No practice	
Wednesday	5:30-7:00 PM	MMW
Thursday	No practice	
Friday	5:30-7:00 PM	MMW
Saturday	11:30 AM-1:00 PM	MME

LIGHT BLUE Development Group

Day	Practice Time	Location
Monday	No practice	
Tuesday	5:30-6:30 PM	MMW
Wednesday	No practice	
Thursday	5:30-6:30 PM	MMW
Friday	No practice	
Saturday	10:00-11:00 AM	MMW

NOVICE 2 Development Group

Day	Practice Time	Location
Monday	4:30-5:30 PM	MMW
Tuesday		
Wednesday	4:30-5:30 PM	MMW
Thursday		
Friday	4:30-5:30 PM	MMW
Saturday*	11:30 AM-1:00 PM	MME

***SWIMMERS CAN ATTEND SATURDAY PRACTICE PROVIDED THEY HAVE PERFECT ATTENDANCE AND COACH'S PERMISSION THAT WEEK**

NOVICE 1 Development Group

Day	Practice Time	Location
Monday	No Practice	
Tuesday	4:30-5:30 PM	MMW
Wednesday	No Practice	
Thursday	4:30-5:30 PM	MMW
Friday	No Practice	
Saturday	9:00-10:00 AM	MMW



MASTERS Swimming

Day	Practice Time	Location
Monday	6:00-7:30 AM 12:00-1:00 PM	MME MME
Tuesday	6:00-7:30 AM	MME
Wednesday	12:00-1:00 PM	MME
Thursday	6:00-7:30 AM	MME
Friday	6:00-7:30 AM 12:00-1:00 PM	MME MME