



Code of Conduct
Minnetonka Swim Club
A Satellite of the Twin Cities Swim Team

General Policies

1. Swimmers are expected to be respectful of the coaches and their teammates.
2. Swimmers are expected to be on time to practice:
 - a. If you are going to be late or miss practice on a consistent basis please notify the coaching staff ahead of time.
 - b. If you come into a practice late, please do everything you can to not become a disturbance to the flow of practice.
3. Swimmers are expected at practice to follow the rules set in place for safety.
4. Swimmers are expected to be respectful of the facility, especially the locker rooms.
5. Swimmers need to make sure to use the locker rooms to change in a time efficient manner.
6. While attending practices, parents must remain in the spectator area, unless asked by a coach to come onto the deck. If there is a need to speak to the coaches, time may be arranged before or after practice.
7. Swimmers need to be picked up within 15 minutes of the end of practice. If a swimmer cannot pick up within this timeframe, it may be arranged for a chaperone to do so.

Swim Meet Policies

1. No swimmer under the age of 16 shall attend a meet unless accompanied by a parent or a chaperone arranged for by the swimmer's parents.
2. Warm up times, which are provided on the initial meet sheet and on the website, are to be strictly adhered to by all team members.
3. In general, it is preferred that team members check with the coaches prior to leaving a meet. Should it become necessary for a swimmer to leave a meet early, his/her coach must be notified.

4. Swimmers are expected to meet with their coach before and after each of their events.
5. In prelim and final meets, all swimmers who qualify to compete in the finals are expected to participate in the finals. All team members are strongly encouraged to return to the finals sessions to support the team and take advantage of the opportunity to learn from watching the finals. At times, alternate and relay positions open up that need to be filled.
6. All team members are expected to wear Twin Cities Swim Club Team Apparel while down on the pool deck. Apparel can be purchased at most team functions and TWIN hosted meets.
7. Swimmers are expected to sit with the team and participate in all team meet activities and team meetings.
8. Team members and parents are expected to display proper respect and sportsmanship toward coaches, officials, meet administrators, and fellow competitors.
9. As a matter of team pride and courtesy to the host team, swimmers are expected to leave the TWIN team area in a neat and clean condition at the conclusion at each session of the meet.
10. All questions swimmers or parents may have concerning meet results, an officiating call, or the conduct of a meet, should be referred to the TWIN coaching staff only. Our coaches, in turn, will pursue the matter through appropriate channels.
11. Swimmers and Parents are responsible for picking up any awards, ribbons, medals, etc. available to them before leaving the meet.
12. In accordance with USA Swimming rules, parents are expected to remain in the spectator area and off the immediate competitive deck unless they are working the meet in an official capacity.

Travel Swim Meet Policies

1. All team members are reminded that when traveling on trips, competing in meets, and attending other meet- related functions, you are representing yourself, the Minnetonka Swim Club and TWIN program. Your behavior must positively reflect the high standards of our club and community.
2. All swimmers and chaperones traveling with the team will attend all team functions and are expected to know all travel/meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other trip related timetables as needed.

3. Swimmers are expected to remain with the team at all times during a trip. Swimmers are not to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach or chaperone.
4. Rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from a trip.
5. When traveling in a vehicle, swimmers must wear seat belts and remain seated at all times.
6. Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms unless a chaperone/coach has granted permission (i.e. for a small group to watch a movie).
7. Swimmers are to refrain from inappropriate physical contact.
8. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off and no talking is permitted.
9. Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between prelims and finals.
10. All telephone and incidental room charges must be paid prior to curfew on the final night of the trip.
11. Swimmers are expected to travel with and stay with the team on team travel trips. Any exceptions to this policy must be approved by the Head Coach or his designee prior to the trip.
12. Chaperones must agree to fulfill their responsibilities to the swimmers entrusted to their care and to the other chaperones and coaches. Swimmers may not be chaperones.
13. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.

I have read and understand this Code of Conduct and by this signature, agree to abide by it. I also understand that violating this policy could result in disciplinary action by the coaching staff.

Swimmer's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____