

**2010 Minnesota SC Senior State Championships**

**Sanction #: MN10W-02-17Y**

**Hosted by The Rochester Swim Club ORCAS: Session Report**

**Time Lines are approximate & not official, events may begin earlier**

**Session: 1 Thursday Timed Finals**

**Senior SC Minnesota State Championships**

**Warm-up 2:30pm**

**Day of Meet: 1 Starts at 04:00 PM**

**Scratch Deadline for the 1000 Free is 3:15pm**  
**Scratch Deadline for the 800 Free Relay is 5:00pm**

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	3 Women 13 & Over 1000 Freestyle	67	9	04:00 PM	_____
Finals	6 Men 13 & Over 1000 Freestyle	49	7	05:44 PM	_____
Finals	7 Women 13-14 800 Freestyle Relay	12	2	07:02 PM	_____
Finals	8 Women 15-16 800 Freestyle Relay	13	2	07:20 PM	_____
Finals	9 Women 13 & Over 800 Freestyle Relay	14	2	07:37 PM	_____
Finals	10 Men 13-14 800 Freestyle Relay	8	1	07:55 PM	_____
Finals	11 Men 15-16 800 Freestyle Relay	8	1	08:03 PM	_____
Finals	12 Men 13 & Over 800 Freestyle Relay	9	2	08:11 PM	_____
	Swimmer Count for Warm-ups: 292	=====	=====		
	Entry / Heat Totals:	180	26		
	Finish Time			08:27 PM	___

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Session: 2 Friday Prelims  
Senior SC Minnesota State Championships  
Day of Meet: 2 Warm – up 7:00am  
Competition Starts at 08:30 AM

Round	Event	Entries	Heats	Starts at
Prelims	21 Women 13 & Over 200 Breaststroke	59	8	08:30 AM _____
Prelims	24 Men 13 & Over 200 Breaststroke	30	4	08:54 AM _____
Prelims	27 Women 13 & Over 100 Butterfly	99	13	09:05 AM _____
Prelims	30 Men 13 & Over 100 Butterfly	53	7	09:22 AM _____
Prelims	33 Women 13 & Over 50 Freestyle	205	26	09:30 AM _____
Prelims	36 Men 13 & Over 50 Freestyle	106	14	09:49 AM _____
<b>Scratch Deadline: 500 Free – Before the 200 IM begins</b>				
Prelims	39 Women 13 & Over 200 IM	128	16	09:58 AM _____
Prelims	42 Men 13 & Over 200 IM	68	9	10:40 AM _____
Finals-S	43 Women 13-14 200 Freestyle Relay	23	3	11:02 AM _____
Finals-S	46 Men 13-14 200 Freestyle Relay	8	1	11:08 AM _____
Finals-S	44 Women 15-16 200 Freestyle Relay	18	3	11:11 AM _____
Finals-S	47 Men 15-16 200 Freestyle Relay	12	2	11:17 AM _____
Finals-S	45 Women Senior 200 Freestyle Relay	16	2	11:21 AM _____
Finals-S	48 Men Senior 200 Freestyle Relay	12	2	11:25 AM _____
Prelims	15 Women 13 & Over 500 Freestyle	95	12	11:29 AM _____
Prelims	18 Men 13 & Over 500 Freestyle	69	9	12:37 PM _____
	Swimmer Count for Warm-ups: 591	=====	=====	
	Entry / Heat Totals:	1,001	131	
	Finish Time			01:26 PM

The 500 freestyle swims as the FIRST event during finals

Session: 3 Friday Finals Senior SC Minnesota State Championships  
Day of Meet: 2 Warm-Up 4:00pm Competition Starts at 05:30 PM

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**Session: 4 Saturday Prelims**

**Senior SC Minnesota State Championships**

**Day of Meet: 3 - Warm-up 7:00 am**

**Competition - Starts at 08:30 AM**

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	49 Women 13-14 200 Medley Relay	22	3	08:30 AM	_____
Finals-S	52 Men 13-14 200 Medley Relay	8	1	08:38 AM	_____
Finals-S	50 Women 15-16 200 Medley Relay	16	2	08:41 AM	_____
Finals-S	53 Men 15-16 200 Medley Relay	11	2	08:47 AM	_____
Finals-S	51 Women Senior 200 Medley Relay	17	3	08:52 AM	_____
Finals-S	54 Men Senior 200 Medley Relay	14	2	09:00 AM	_____
Prelims	57 Women 13 & Over 200 Freestyle	184	23	09:07 AM	_____
Prelims	60 Men 13 & Over 200 Freestyle	100	13	10:01 AM	_____
Prelims	63 Women 13 & Over 100 Backstroke	87	11	10:29 AM	_____
Prelims	66 Men 13 & Over 100 Backstroke	48	6	10:47 AM	_____

**Scratch Deadline 400 IM – Before the Breaststroke Begins**

Prelims	69 Women 13 & Over 100 Breaststroke	68	9	10:56 AM	_____
Prelims	72 Men 13 & Over 100 Breaststroke	35	5	11:10 AM	_____
Finals-S	79 Women 13-14 400 Freestyle Relay	22	3	11:16 AM	_____
Finals-S	82 Men 13-14 400 Freestyle Relay	9	2	11:29 AM	_____
Finals-S	80 Women 15-16 400 Freestyle Relay	15	2	11:38 AM	_____
Finals-S	83 Men 15-16 400 Freestyle Relay	12	2	11:46 AM	_____
Finals-S	81 Women Senior 400 Freestyle Relay	16	2	11:55 AM	_____
Finals-S	84 Men Senior 400 Freestyle Relay	12	2	12:03 PM	_____
Prelims	75 Women 13 & Over 400 IM	77	10	12:15 PM	_____
Prelims	78 Men 13 & Over 400 IM	43	6	01:07 PM	_____

Swimmer Count for Warm-ups: 607

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Entry / Heat Totals:

816

109

Finish Time

01:37 PM

**The 400 IM swims before the 400 Freestyle Relays in the Finals**

**Session: 5 Saturday Finals Senior SC Minnesota State Championships**

**Day of Meet: 3 - Warm-up: 4:00pm – Competition Starts at 05:30 PM**

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**Session: 6 Sunday Prelims**

**Senior SC Minnesota State Championships**

**Day of Meet: 4 - Warm-up 7:00am**

**Competition Starts at 08:30 AM**

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	85 Women 13-14 400 Medley Relay	18	3	08:30 AM	_____
Finals-S	88 Men 13-14 400 Medley Relay	8	1	08:47 AM	_____
Finals-S	86 Women 15-16 400 Medley Relay	14	2	08:53 AM	_____
Finals-S	89 Men 15-16 400 Medley Relay	9	2	09:04 AM	_____
Finals-S	87 Women Senior 400 Medley Relay	17	3	09:14 AM	_____
Finals-S	90 Men Senior 400 Medley Relay	13	2	09:31 AM	_____
Prelims	99 Women 13 & Over 200 Backstroke	77	10	09:44 AM	_____
Prelims	102 Men 13 & Over 200 Backstroke	43	6	10:12 AM	_____
Prelims	105 Women 13 & Over 100 Freestyle	220	28	10:28 AM	_____
Prelims	108 Men 13 & Over 100 Freestyle	129	17	11:03 AM	_____
Prelims	111 Women 13 & Over 200 Butterfly	69	9	11:22 AM	_____
Prelims	114 Men 13 & Over 200 Butterfly	46	6	11:46 AM	_____
Prelims	117 Women 13 & Over 100 IM	89	12	12:00 PM	_____
Prelims	120 Men 13 & Over 100 IM	47	6	12:17 PM	_____
	Swimmer Count for Warm-ups: 543	=====	=====		
	Entry / Heat Totals:	799	107		
	Finish Time			12:25 PM	

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**Scratch Deadline for the 1650 is at 10:30am**

**The FASTEST HEATS (combined age groups - female/male after check in)  
of 1650 the swim IN FINALS after the relays**

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-S	93 Women 13 & Over 1650 Freestyle	40	5	12:30 PM	_____
Finals-S	96 Men 13 & Over 1650 Freestyle	25	4	02:08 PM	_____
	Swimmer Count for Warm-ups: 65	=====	=====		
	Entry / Heat Totals:	65	9		
	Finish Time			03:22 PM	

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**Session: 7 Sunday Finals Senior SC Minnesota State Championships**

**Day of Meet: 4 Warm-up 2:30pm (Shallow end until 1650 ends)**

**Competition Starts at 04:00 PM (Earlier Start)**